Shakthi Worldview: An Inclusive and Expansive Worldview for a Sustainable Future

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Source of Creation

Vasudaiva Kutumbakam → Indian Cosmology → View of Time and Space → Tracing to Single Origin (Brahman)
A world renowned spiritual leader and mother Mata Amritanandamayi shared recently at a gathering that “Education without any emphasis on values, Sophistication without any emphasis on culture, Development without any concern for nature, and Lifestyle that disregards health” are the root causes of many problems faced by humanity.

The crisis that we see around us: social and economical can be traced to a non-inclusive view of the world around us.

Every aspect of life is treated in a disconnected way and our educational system, business practices and global policies further this distance.
Shakthi in the Indian context refers to the fundamental energy that governs all of manifest reality. In a way, it represents a dynamic balance that sustains the universal flow. On a more practical level, “Shak” in Sanskrit means “to do” or “to act”. Hence Shakthi can be seen as actions that are in tune with the Universal flow.

Shakthi worldview is an inclusive interconnected view of things around us: the air we breath, the soil, our body, mind and all animate and inanimate things.

Shakthi worldview helps us look at the complex interconnection of life and thereby makes us more conscious of our actions.

A deeper look at indigenous way of life which was more in tune with flow of things.
## What has this led to

<table>
<thead>
<tr>
<th>Distancing</th>
<th>Disconnect</th>
<th>Myopia</th>
<th>Lack of Synergy</th>
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<tbody>
<tr>
<td>Distancing of source of production and consumption leading to invisible impact on the environment.</td>
<td>Disconnect between real value and economic value of products due to lack of knowledge or factoring in of how the environment is impacted in the making of these products</td>
<td>Decisions are made based on immediate information often forgetting the larger vision. Myopic vision leads to corrective measures once damage has occurred rather than preventive measures.</td>
<td>Objectification of many things around us. For eg, the earth is viewed as an object which can be used to our benefit rather than a being of which we are a part of.</td>
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**Discontent and Unhappiness at individual, organizational and global level**
The need for Shakthi Worldview

- Modern science, in a way, has become so super specific that we have come far away from a holistic view of things. The contributions of science to progress cannot be forgotten of course.
- An unprecedented increase in population especially in developing nations--need for large scale food production--need for huge supply of petroleum products--soil degradation--pollution--health hazards--mortality rates increase --poverty and education crisis--more childbirths. This is just one part of the cycle where we have started with population explosion. There are much more complex viewpoints to this crisis.
- We have already crossed some of the Planetary Boundaries as pointed by Johan Rockström from the Stockholm Resilience Centre.
- Overall we see a mad rush to achieve things, to push things beyond limit, to stretch the boundaries and therefore act against a certain harmony and universal flow.
- Science too is unable to solve things in a big way as science itself sometimes has a “materialistic worldview” (Science Delusion - 10 dogmas).
10 Dogmas of Science

- Everything is essentially mechanical.
- All matter is unconscious.
- The total amount of matter and energy is always the same.
- The laws of nature are fixed.
- Nature is purposeless.
- All biological inheritance is material, carried in the genetic material, DNA, and in other material structures.
- Minds are inside heads and are nothing but the activities of brains.
- Memories are stored as material traces in brains and are wiped out at death.
- Unexplained phenomena like telepathy are illusory.
- Mechanistic medicine is the only kind that really works.

Rupert Sheldrake: Science Delusion
Indian Perspective

- Everything is life and are interconnected systems
- Consciousness is all pervasive
- Nature herself is evolving
- Everything has a purpose and that purpose is Moksha
- Collective Consciousness-- akashic records-- koshas carry memory and transferred to next lifetime --karma
- Everything is interconnected-- microcosm is an image of the macrocosm-- holographic-- and hence telepathy is not impossible
- Each one is unique and personalized healing works better
The Framework

To develop and adopt Shakthi worldview we need to have both Vision and Action.
Vision

From an Individual vision to a global vision

One key component of developing a clear vision is happiness. There are several models of happiness but we found one to be very relevant and contemporary

PERMA: Positive Emotion, Engagement, Relationships, Meaning, Accomplishment

With individual happiness comes great sense of involvement and a willingness to share with others
Action

How - deha shuddhi, prana shuddhi, chitta shuddhi

- Building up the necessary character strength: [http://www.viacharacter.org/](http://www.viacharacter.org/) gives excellent surveys and insights on developing character strengths like curiosity, creativity, gratitude, spirituality etc..
- Indian Context: Listening to Ithihaasa and Purana (historical accounts of personalities with great characters)
What is available in the Indian Context

- Rajadharma
- Shakti Worship
- Yogic Practices
- Purushartha
- Pancha Mahayagya
Anaadi’s Vision for the Future

- A center that integrates these principles for a sustainable future
- Collaborative efforts that combine Indian wisdom and modern science that can lead to individual and global unfoldment

Sufficiencies: Construction, Food, Health, Energy, Education

www.anaadifoundation.org/space.html
Thank You

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